

Activities

Unplug from technology and reconnect with nature. Environmental stewardship is the foundation of all our programs.

CAMP SKILLS: \$125 (2-Hour Session)

Archery



→ Adventures of Robin Hood – Max 20 People

Safely practice this ancient art and try the primitive throwing sticks.

Arts & Crafts



→ Camp Arts & Crafts – Max 20 People

Rock painting, friendship bracelets, tie-dying, bead art, and other projects.

Camp Games



→ Classic & Legendary Games – Max 80 People

Popular camp competitions like Capture the Flag, the Animal Game & more.

Campfire



→ Interactive Campfire – Max 80 People

Engaging songs and stories that will leave you with a piece of Cadicasu forever.

Leadership



→ Teambuilding and Leadership – Max 20 People

Strengthen trust through challenges and develop positive group dynamics.

Performing Arts



→ Get Silly & Creative – Max 20 People

Build confidence by taking part in our drama games and performances.

LAND-BASED SKILLS: \$150 (2-Hour Session)

Earth Crafts



→ Skills of our Ancestors – Max 20 People

Create beautiful and practical art such as pottery, cordage, and baskets.

Fire Making



→ Blow a Coal into Flames – Max 20 People

Light a fire without matches using the bow drill fire by friction method.

Hike



→ Interpretive Hike in Kananaskis – Max 20 People

Discover our provincial park while learning lost-proofing techniques.

Nature Awareness



→ Explore the Landscape – Max 20 People

Expand your senses and connect with nature through outdoor experiences.

Shelter Building



→ Debris Huts, Quinzhees & More – Max 20 People

The pillar of survival is to know how to make yourself at home anywhere.

Tracking & Traps



→ Become the Animal – Max 20 People

Track identification and a basic trap with insights into animal behaviour.