

Packing List

Below is a list of what should come with participants. Please ensure that everything is clearly marked with a first and last name.

Required for All Campers

- 3 Pairs of Pajamas
- 5 Pairs of Socks (+ 2 warm pairs)
- 7 Pairs of Underwear
- 5 T-Shirts
- 2 Long Sleeve Shirts
- 2 Sweatshirts or Hoodies
- 4 Pairs of Shorts
- 2 Pairs of Pants or Jeans
- Bathing Suit
- Athletic Shoes
- Water Shoes
- Relaxing Shoes (e.g. sandals)
- Warm Jacket (evenings are cool)
- Rain / Waterproof Jacket
- Hat (bucket hat or ball cap)
- Sunscreen & Bug Spray
- Water Bottle
- Flashlight or Headlamp
- Toiletries (toothbrush, body wash, etc.)
- Face Cloth, Bath Towel & Beach Towel
- Daypack (school sized backpack)
- Pillow

Optional for All Campers

- Campfire Blanket
- Sentimental Stuffie or Item
- Notebook & Pen
- Books or Reading Material
- Camera (not a cell phone camera)

Do not send favourite or irreplaceable items to camp. This is not a place to wear fancy clothes and worry about getting them dirty.

NOTE: We are not responsible for lost items. Check the lost and found before leaving. Everything remaining at the end of the summer will be donated.

Traditional Camp (All Ages)

- Twin Sized Fitted Sheet
- Blanket or Sleeping Bag

Traditional Camp (Ages 12 – 14), Specialty Camps & LIT Program

- Sleeping Pad
- Long Underwear
- Warm Sleeping Bag (-10°C or warmer)
- Big Backpack (40-60 L with a waist strap)
 - Not for APISI, ONAWA, EKTA, or NAMASTE

BANNED for All Campers

- × Electronics
- × Food & Candy
- × Money
- × Offensive or Revealing Clothing
- × Weapons (including knives)
- × Alcohol & Drugs (including marijuana)